

Product Usage Instructions

Here are some suggestions on the use of the NuWTR Fulvic Products.

#1 Sachets... 5mil in each sachet of Fulvic, Lemon Essential Oil, a bit of Stevia..

They are liquid so be careful when you ***gently open the corner with scissors*** and put into a glass of water hot or cold is fine even tea,... We put one sachet in a bottle of water and drink it with in 60 min so we get the benefits with the oxygen uptake.

The maintenance dose is 1 sachet per day.

(The therapeutic dose is 3 sachets per day ...Morning, Noon, and Night - at bed time..)

#2 Dropper Bottle... 100% Fulvic/Humic minerals (black water nothing added..)

One full vial is 1 mil and to start with if you have health challenges. Increase at will. (5 vials are equal to 1 sachet)

Kids 1/2 the dose depending on the age and weight. (Tell the kids it is tasteless healthy coke and add it to anything, juice etc.)

Animals depending on the weight 1 to 3 drops only for small animals, regular dose for large animals.

#3 Coffee...This coffee is organic from Costa Rica and is Italian Roast. Delicious

What we do is open the K-Cup and put the coffee into our drip machine 1 K-Cup for 4 cups of water or a little less water if you like stronger coffee. You can put the coffee into a French press or just use a K-Cup machine.

Add your cream and whatever sweetener you like or enjoy it black.

We hope you enjoy and let us know how you manage with this life changing product.

Go easy at first and remember 60% more goodness goes into the cells and 60% garbage comes out of the cells. (Detox metals, toxins, pesticides, etc.)

Watch www.jumpinthemud.com and you will get a good idea of the product. You will find additional info here: www.mudmovement.com/blog

Enjoy and stay in touch.